

## **N91A Health Assessment Reading Assignments**

Text: Potter, P. A., Perry, A. G., Hall, A., & Stockert, P. A. (2019). Fundamentals of Nursing. (10<sup>th</sup> ed) St. Louis, Mo.: Mosby Elsevier.

### Week 1

**Topics:** The Nursing Process, Maslow's Hierarchy of Needs, History & Physical (H&P) Assessment

**Readings:**

Review PowerPoint slides

Potter & Perry:

Chapter 6 – Health and Wellness, pp 69-70

Chapter 15 – Critical Thinking in Nursing Practice, pp202-208

Chapter 16 – Nursing Assessment, pp 211-224

Chapter 17 – Nursing Diagnosis, pp 227 – 247

Chapter 18 – Planning Nursing Care, pp 240 - 254

Chapter 19 – Implementing Nursing Care, pp 257 – 268

Chapter 20 – Evaluation, pp 271 – 279

### Week 2

**Topics:** Central nervous system (CNS) and cardiovascular system (CVS) assessments

**Readings:**

Review PowerPoint slides

Potter & Perry:

Chapter 29 - Vital Signs, pp 483 - 513

Chapter 30 - Health Assessment and Physical Examination, pp 527 – 534, 554 – 562 and 580 – 586

Chapter 44 - Pain Management, pp 1060 – 1075.

### Week 3

**Topics:** Respiratory and integumentary assessments

**Readings:**

Review PowerPoint slides

Potter & Perry:

Chapter 29 – Vital Signs, pp 480-483,

Chapter 30 - Health Assessment and Physical Examination, pp 527 – 534, 549-554,

Chapter 48 – Skin Integrity and Wound Care – pp 1235- 1249

### Week 4

**Topics:** Gastrointestinal (GI) and genitourinary (GU) assessments

**Readings:**

Review PowerPoint slides

Potter & Perry:

Chapter 30 - Health Assessment and Physical Examination, pp 567- 570

Chapter 46 – Urinary Elimination, pp 1157 – 1161

### Week 5

**Topics:** Musculoskeletal and reproductive assessments

**Readings:**

Review PowerPoint slides

Potter & Perry:

Chapter 14 – Older Adults, pp 179-181

Chapter 30 - Health Assessment and Physical Examination, pp 570 - 580,

Chapter 39 – Immobility, pp 821-822